

STUDENT NAME _____

ID # _____

GRADE _____

COUNSELOR _____



SANTA MONICA MALIBU UNIFIED SCHOOL DISTRICT

MIDDLE SCHOOL INDEPENDENT STUDY IN PHYSICAL EDUCATION 2018-19

APPLICATION PACKET

School Site:

- John Adams MS
- Malibu MS

- Lincoln MS
- SMASH

----- OFFICE USE ONLY -----

- New
- Renewal

Application reviewed by SMMUSD ISPE Committee on _____, 20_____.

Application **APPROVED / PENDING (see highlighted) / DENIED (due to the following reason(s))**

Committee Approval _____

Date _____

Applications must be submitted to the site administrator in charge no later than May 4th, 2018.

OVERVIEW

We believe that all students benefit from participating in physical education that is provided through a comprehensive standard aligned program that integrates physical fitness into the broad range of activities that students enjoy. Quality physical education programs help all students develop health-related fitness, physical competence, cognitive understanding, and positive attitudes about physical activity, so that they can adopt healthy and physically active lifestyles. With high-quality physical education instruction, students become confident, independent, self-controlled, and resilient; develop positive social skills; set and strive for personal, achievable goals; learn to assume leadership; cooperate with others; accept responsibility for their own behavior; and, ultimately, improve their academic performance.

Independent Study in Physical Education (ISPE) is an educational option designed by the California Department of Education (CDE) and approved by the Santa Monica-Malibu Unified School District (SMMUSD). ISPE must be a significantly different program that involves an activity in which the applicant has become **highly competitive** at a local, regional, or state level. ISPE is available to any new or continuing student entering grades **6-8**. **ISPE** application/agreements are available at all middle school sites. The school site administrator is responsible for informing new and returning student of the availability of ISPE as part of the orientation process. Site administrators supervise and monitor all ISPE activities and contracts. A major factor in determining acceptance or rejection of this request will be the difference between a **recreational** and a **competitive** program.

All of the following conditions and guidelines must be met by May 4th, 2018:

- Application form and all included paperwork shall be completed and submitted to the site administrator in charge of ISPE by the above date.
- Verifying Signatures from the applicant, the applicant's parent/guardian, and the applicant's instructor/coach.
- Learning Plan completed by the instructor/coach and must be aligned to California Physical Education Standards.

If the SMMUSD ISPE Committee denies the application an appeal may be made by submitting a letter to the SMMUSD Director of Curriculum and Instruction. Written appeals should be placed within seven days of the committee's decision and include supporting documentation. Your appeal will be reviewed and if approved, you must set up a meeting with the site administrator to complete the required forms within a timely manner. All decisions are final.

ISPE DOCUMENTATION, SUPERVISION, AND COURSE CREDIT/GRADING POLICY

A. Criteria for ISPE Programs

1. Student is ranked by an athletic association in an individual sport or performs at an advanced level in a physically active performing art.
2. Student is a member of a team for sport not offered at school; the team practices and competes on schedule comparable to a high school sport in season. ISPE programs comprised of sport offered at school may not be approved.
3. Student must be in grades 6-8.
4. Approved ISPE programs must engage participants for a **minimum of 200 minutes for each 5 school days (weekend events not included)**, in physical activity, support personal growth, and promote healthy living and physical activity as lifelong goals and adhere to the state's content standards in physical education.
5. Approved ISPE programs must be structured programs taught by qualified individuals responsible for supervising, documenting and verifying student participation, progress and performance. Parents will not be approved as a supervising coach for his or her child.
6. Working out at a gym (yoga, weights, etc.) or with a personal trainer does NOT qualify for ISPE.
7. ISPE students MUST pass 5 of 6 tests in the previous California Physical Fitness Test (PFT).
8. ISPE students in 7th grades must participate in the California Physical Fitness Test (PFT).
9. ISPE students **MUST** have passed ISPE or PE class the previous year with a C- or higher. Not passing the previous year's class is grounds for automatic disqualification. ISPE cannot be used to make-up a failing grade in physical education. If a student Fails ISPE during the first or second semester they will be dropped from the class and will not be eligible to enroll in future ISPE classes.
10. Student have an educational need for ISPE

B. ISPE Application/Agreement Process, Review Procedure and Timeline

1. An ISPE Application/Agreement Form is completed and submitted to site administrator no later than the date identified on the cover page of the ISPE application prior to the start of the next school year.
2. The designated committee reviews each application, determines if proposed ISPE program meets necessary requirements, notifies applicant of his or her decision and oversees the completion of all ISPE requirements per the agreement. Students will be contacted regarding status prior to the start of the next school year.
3. Students must apply every year for ISPE. There is no **mid-semester or mid-year** entry into ISPE.
4. School functions (field trips, detentions, guided studies, etc.) take priority over outside activities and student must attend even if interfering with their sport.

C. Requirements for Participation in Independent Study in Physical Education

Applicant, under the authorization and supervision of his or her parent or guardian, agrees to:

1. Complete and submit the attached ISPE Application/Agreement Form by the deadline.
2. Receive approval from the designated committee prior to starting any ISPE-designated activity.
3. Complete and document a **minimum** of 200 minutes of physical education learning activity for each 5 school days for the duration of each term. **These minutes cannot be a part of any school activity.**
4. **Complete and submit the ISPE Student Activity Log (see attached) on the day prior to the end of each grading period. All necessary signatures verifying activity must be completed by the due date. Incomplete or late forms will not be accepted.**
5. Student must maintain a 2.0 GPA and have no "F" grades.
6. Attach verification of competitions or performances to the Activity Log.

D. Grading and Credit Policy

1. ISPE students will receive a grade of PASS (P) or FAIL (F).
2. Course credit is earned when a grade of PASS is earned at the end of the semester.
3. A passing grade is earned by satisfactorily fulfilling ISPE agreement including submitting complete and accurate ISPE Activity Logs. All paperwork must be submitted on time.
4. Students turning in the Activity Log Form **late** will receive a grade of Fail (F) on their progress report. This grade will not be changed until the final semester grade is recorded.
5. The site administrator or designee will review the ISPE agreement for a student who fails to satisfactorily fulfill one or more parts of the ISPE agreement.

Name: _____ ID: _____ Grade: _____

APPLICATION

(To be completed by the applicant and/or the applicant's parent/guardian)

Please print or type all information clearly.

_____ Student Last Name	_____ Student First Name	_____ Student I.D. #
_____ School	_____ Next Year's Grade	
_____ Parent/Guardian Name	_____ Home Phone	_____ Work Phone
_____ Home Address	_____ Home City	_____ Zip
_____ Parent Email	_____ PE Grade in Previous Semester	

School Year for Application: 20 - 20
School Year

I am requesting less than a 6th period day: am pm

Briefly explain why this proposed ISPE course of study is requested and should be considered as a substitute for regular attendances and participation in the required school physical education program.

Please describe how many hours per week of learning an activity are included in the proposed ISPE course of study and how the time will be used? (Minimum of 200 minutes each school week)

Name: _____ ID: _____ Grade: _____

VERIFYING SIGNATURES

Organization/Trained specialist under whom activity is performed:

QUONG
 Instructor Last Name
SANTA MONICA AYSO
 Organization
PO BOX 91
 Address
rca@ayso20.org
 Email Address

TED
 Instructor First Name
REGIONAL COACHING ADMINISTRATOR
 Title
Santa Monica 90406
 City Zip
 Home Phone Work Phone

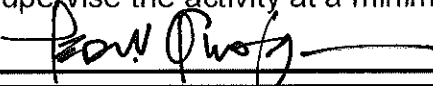
Student's Responsibility (To be completed by the student)

I understand that it is my responsibility to attend the activity as outlined for a minimum of **200 minutes per 5 days** and meet the standards expected by the instructor. **I understand that I must submit the Attendance and Performance Record and time sheet logs during the last week of every grading period.**
I UNDERSTAND THAT I WILL LOSE ALL HOURS EARNED AND RECEIVE A FAIL/UNSATISFACTORY IF I LEAVE THE PROGRAM FOR ANY REASON WITHOUT IMMEDIATELY NOTIFYING THE INDEPENDENT STUDY COORDINATOR.
 Signature of student: _____ Date: _____

Parent's Awareness (To be completed by the parent)

I understand that the SMMUSD does not investigate the site of the activities to assess potential for injury nor is the District responsible for the selection or qualifying or any Instructor/Coach for this program. I accept full responsibility for any injury or harm, which might occur in the ISPE program. I am aware that, if my son/daughter fails to meet the attendance requirements set forth by SMMUSD, the standards set by the instructor, and the 200 minutes per 5 school days minimum, he/she will not meet the semester requirement for P.E. nor receive credit.
 Signature of parent: _____ Date: _____

Instructor's Approval (To be completed by the outside activity instructor)

I certify the above-named student attends, participates in, and meets the standards of the activity set by the instructor. I am also accepting the responsibility to keep track of the student's ISPE hours in which I personally supervise the activity at a minimum of 200 minutes per 5 school days.
 Signature of instructor:  Date: 04/20/2018

Name: _____ ID: _____ Grade: _____

ISPE INDEMNIFICATION

The ISPE applicant and his/her parent or guardian shall indemnify, defend and hold harmless, to the maximum extent permitted by law, the Santa Monica-Malibu Unified School District and its officers, Board Members, agents, and employees from and against any and all liability, suits, actions, proceeding judgments, claims, losses, costs (including attorney's fees), liens, damages, injuries (whether in contract or in tort, including personal injury, accidental death or property damage, and regardless of whether the allegations are false, fraudulent or groundless), relating to and arising from the applicant's participation in any and all ISPE activities contained within this ISPE agreement or any activities engaged in by the applicant in the use of any equipment, transportation or facility related to completion of this agreement. In addition, parent-guardian accepts full responsibility for student transportation to and from any ISPE learning activity and financial liability for any and all criminal acts, accidents, injuries, illnesses or death that could occur as a result of the student's participation in any ISPE-related physical education/sports learning activities.

I hereby certify that the information provided as a part of this application is true and accurate.

I agree to abide by all ISPE rules and conditions described in this application/agreement.

Parent/Guardian Signature (If student is under the age of 18)

Date

Student Signature

Date

Name: _____ ID: _____ Grade: _____

PRIMARY ISPE INSTRUCTOR/COACH INFORMATION

(To be completed by the outside activity instructor)

Please print or type all information clearly.

QUONG

Instructor Last Name

SANTA MONICA AYSO

Organization

PO BOX 91

Address

rca@ayso20.org

Email Address

TED

Instructor First Name

REGIONAL COACH ADMINISTRATOR

Title

Santa Monica

City

90406

Zip

Home Phone

Work Phone

Answer all the following questions as specifically as possible where applicable.

Describe the training that prepared you to supervise this activity.

AYSO provides high level training by qualified coaches. I have earned Coaching Certifications from 8U thru Intermediate and working towards Advanced and USSF "D" License. I have Coerver Coaching Youth Diploma and completed CDC concussion awareness, Safe Haven training and Regional Referee training.

In what position are you currently employed which qualifies you to supervise this student?

The Regional Coach Administrator (RCA) establishes the coaching curriculum at all levels and supervises both the training and ongoing development of all coaches in our Region.

What is the primary location where the proposed ISPE learning activities will take place?

John Adams Middle School - Athletic field

Facility Name

Phone

2425 16th Street

Santa Monica

City

90405

Zip

Address

Name: _____ ID: _____ Grade: _____

ISPE LEARNING PLAN

(To be completed by the outside activity instructor)

PLEASE NOTE: the trained specialist/instructors/coaches who submit proof of first aid/CPR certification must be in attendance during student rehearsals and or activities.

Please print or type all information clearly. **Use additional sheets if needed.**

Amount of time/participation planned for this activity each week. If available attach a calendar of competitions or performances.

Students can participate in a minimum of 200 minutes of soccer training. Minutes are earned between two and three days of soccer training each week. The time will be used to improve overall and general soccer skills, but specifics, including dribbling, defending, passing, receiving and striking the ball. Teamwork and responsibility are interwoven into the lessons, which change weekly.

Identify the specific state standards and learning objectives for this semester? Refer to California State standards. Include a Detailed description of activity.

Students in the ISPE soccer program improve each week on conditioning fitness, ball control, and teamwork. Students will learn the rules of the game while they improve fitness under supervision of trained and certified soccer instructors. The students are expected to achieve and maintain high fitness standards as well as achieve a satisfactory level of soccer knowledge, both in the fundamental aspects of the game, but also in the application of the skills learned during actual games. Students will pass and dribble the ball while guarded, and be able to change direction of ball within framework of team play.

What is the student's current competitive level/ranking?

Currently, the student is a(n) (circle one: beginner / intermediate / advanced) soccer player compared to his/her peer group. S/he understands the basic rules and techniques of the game, and is working to improve their technical ability, as well as application of that ability to the tactics and strategy of the game. The student can run a mile in under ___ minutes and is working to improve overall fitness and conditioning. S/he competes in regional contest at least once per month, often up to 4-5 times per month.

In what state or national competition has this student previously participated in, and will they participate in this semester?

All students participate in the Region 20, Section P, Area 1 of the national American Youth Soccer Organization (AYSO). The students participate in regional contests on an assigned team between August and December, and then continue training and competing on a team between January and June in competitive tournaments.

SMMUSD Off-Campus MS Independent Study Physical Education Application

Name: _____ ID: _____ Grade: _____

SIGNATURE SHEET

To be completed by the student, student's advisor, and Administrator indicating that each party has a copy of the completed and approved/denied application. It is the responsibility of the student and the student's advisor to maintain their copy as a record.

"The following signature certifies that I have been provided a copy of my approved/denied SMMUSD Off-Campus ISPE Application Packet."

Student Printed Name

Student Signature

Date

Parent Printed Name

Parent Signature

Date

"The following signature certifies that I have been provided a copy of my student's approved/denied SMMUSD Off-Campus ISPE Application Packet."

Counselor Printed Name

Counselor Signature

Date

"The following signature certifies that I have provided a copy of the above referenced student's approved/denied SMMUSD Off-Campus ISPE Application Packet to the student and the student's advisor."

Administrator Printed Name

Administrator Signature

Date

Incomplete applications will not be considered for approval. Make sure you have included the following prior to submitting the application:

- Application form and all included paperwork shall be completed and submitted to the site administrator in charge of ISPE.
- Verifying Signatures from the applicant, the applicant's parent/guardian, and the applicant's instructor/coach.
- Learning Plan completed by the instructor/coach and must be aligned to California Physical Education Standards.

SMMUSD Off-Campus MS Independent Study Physical Education Application

Name: _____ ID: _____ Grade: _____

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Eligibility Requirements:

Yes No Student is in 6th thru 8th grade.

Yes No Student is ranked by an athletic association in an individual sport or performs at an advanced level in a physically active performing art.

Yes No Student has a grade point average of C- or higher, including PE. ISPE is not being used to make-up a failing grade in physical education.

_____ Grade in Previous Semester Physical Education.

Yes No Student passed minimum 5 of 6 physical fitness standards in previous state (grades 7) Physical Fitness Assessment. (Record P of F for PFT results)

_____ Aerobic Capacity _____ Abdominal Strength _____ Upper body Strength

_____ Body Composition _____ Trunk Extensor Strength and Flexibility

_____ Flexibility

Yes No Student is a member of team on approved list for a sport not offered at school; the team practices and competes on schedule comparable to a high school sport in season. ISPE programs comprised of a sport offered at school may not be approved.

Notes: _____

Yes No Student has a necessary educational need for ISPE. Requesting a second elective meets this criterion (TA elective does not fulfill this need).

Notes: _____

Yes No ISPE Program is a full year program, Semester 1 and Semester 2

ISPE Program:

Yes No Proposed ISPE program engages student for a minimum of 200 minutes for each 5 school days.

Yes No Proposed ISPE program engages student in physical activity, supports personal growth, and promotes healthy living and physical fitness as lifelong goals.

Yes No Proposed ISPE program is a structured program taught by an individual responsible for supervising, documenting, and verifying student participation, progress, and performance. Parents will NOT be approved as a supervising instructor/coach for his or her child.

Approval:

Yes No Student is approved for ISPE.

Notes: _____

Committee Signature: _____ Date: _____