

STUDENT NAME _____

ID # _____

INCOMING GRADE _____

COUNSELOR/SCHOOL/DISTRICT _____



**HIGH SCHOOL
 INDEPENDENT STUDY IN
 PHYSICAL EDUCATION
 2021-2022**

APPLICATION PACKET

School Site:

Malibu HS

Santa Monica HS

----- OFFICE USE ONLY -----

Application reviewed by _____ on _____, 20_____.

Application **APPROVED / PENDING** (see highlighted) / **DENIED** (due to the following reason(s))

(*If denied you may contact the site administrator to request a meeting to review the reasons for denying the application.)

 Administrator Signature

 Date

Applications must be submitted to the site administrator in charge no later than April 16, 2021.

NO LATE APPLICATIONS WILL BE ACCEPTED

OVERVIEW

We believe that all students benefit from participating in physical education that is provided through a comprehensive standard aligned program that integrates physical fitness into the broad range of activities that students enjoy. Quality physical education programs help all students develop health-related fitness, physical competence, cognitive understanding, and positive attitudes about physical activity, so that they can adopt healthy and physically active lifestyles. With high-quality physical education instruction, students become confident, independent, self-controlled, and resilient; develop positive social skills; set and strive for personal, achievable goals; learn to assume leadership; cooperate with others; accept responsibility for their own behavior; and, ultimately, improve their academic performance.

Independent Study in Physical Education (ISPE) is an educational option designed by the California Department of Education (CDE) and approved by the Santa Monica-Malibu Unified School District (SMMUSD). ISPE affords students the opportunity to extend physical education learning activities beyond the school campus and regular school hours. ISPE allows the student advanced study in activities not normally available in the District's physical education program. ISPE is an instructional strategy for delivering California's standards-based, grade-level content; not an alternative curriculum, and is expected to be equal in quality to classroom instruction. EC Section 51745(a)(3). ISPE typically involves a physical activity in which the applicant has become **highly competitive** at a state, regional, or local level. ISPE is available to any new or continuing student entering grades **9-12**. **ISPE** application/agreements are available at all secondary school sites. The school site administrator is responsible for informing new and returning student of the availability of ISPE as part of the orientation process. Site administrators authorize, supervise and monitor all ISPE activities and contracts. A major factor in determining acceptance or rejection of this request will be the difference between a **recreational** and a **competitive** program.

All of the following conditions and guidelines must be met by April 16th, 2021:

- Application form and all included paperwork shall be completed and submitted to the site administrator in charge of ISPE by the above date.
Instructor or Coach's First Aid Certification
Instructor or Coach's CPR Certification
- Verifying Signatures from the applicant, the applicant's parent/guardian, and the applicant's instructor/coach.
- Learning Plan completed by the instructor/coach and must be aligned to California Physical Education Standards.

Late applications will not be reviewed.

If the site administrator/designee denies the application an appeal may be made by submitting a letter to the site Principal. Written appeals should be placed within seven days of the site admin/designee's decision and include supporting documentation. Your appeal will be reviewed and if approved, you must set up a meeting with the site administrator to complete the required forms within a timely manner.

ISPE DOCUMENTATION, SUPERVISION, AND COURSE CREDIT/GRADING POLICY

A. Criteria for ISPE Programs

1. Student participates and competes in an individual sport or performs at an advanced level in a physically active performing art.
2. Student is a member of a team for sport not offered at school; the team practices and competes on schedule comparable to a high school sport in season. ISPE programs comprised of sport offered at school may not be approved.
3. Student must be in grades 9 -12.
4. Approved ISPE programs must engage participants for a **minimum of 200 minutes for each 5 school days (weekend events not included)**, in physical activity, support personal growth, and promote healthy living and physical activity as lifelong goals and adhere to the state's content standards in physical education.
5. Approved ISPE programs must be structured programs taught by qualified individuals responsible for supervising, documenting and verifying student participation, progress and performance. Parents will not be approved as a supervising coach for his or her child.
6. Working out at a gym (yoga, weights, etc.) or with a personal trainer does NOT qualify for ISPE.
7. ~~ISPE students MUST pass 5 of 6 tests in the previous California Physical Fitness Test (PFT); (postponed for 2020-21)~~
8. ISPE students in 9th grade must participate in the California Physical Fitness Test (PFT) if administered during the 2021-22 school year.
9. ISPE students **MUST** have passed ISPE or PE class the previous year with a C- or higher. Not passing the previous year's class is grounds for automatic disqualification. ISPE cannot be used to make-up a failing grade in physical education. If a student fails ISPE during the first or second semester they will be dropped from the class and will not be eligible to enroll in future ISPE classes.
10. Student have an educational need for ISPE.

B. ISPE Application/Agreement Process, Review Procedure and Timeline

1. An ISPE Application/Agreement Form is completed and submitted to site administrator no later than the date identified on the cover page of the ISPE application prior to the start of the next school year.
2. Site administrator or designated committee reviews each application, determines if proposed ISPE program meets necessary requirements, notifies applicant of his or her decision and oversees the completion of all ISPE requirements per the agreement. Students will be contacted regarding status prior to the start of the next school year.
3. Students must apply every year for ISPE. There is no **mid-semester or mid-year** entry into ISPE.
4. School functions (field trips, detentions, guided studies, etc.) take priority over outside activities and student must attend even if interfering with their sport.

C. Requirements for Participation in Independent Study in Physical Education

Applicant, under the authorization and supervision of his or her parent or guardian, agrees to:

1. Complete and submit the attached ISPE Application/Agreement Form by the deadline.
2. Receive approval from the site administrator prior to starting any ISPE-designated activity.
3. Complete and document a **minimum** of 200 minutes of physical education learning activity for each 5 school days for the duration of each term. **These minutes cannot be a part of any school activity: curriculum, athletics, or clubs.**
4. **Complete and submit the ISPE Student Activity Log (see attached) on the day prior to the end of each grading period. All necessary signatures verifying activity must be completed by the due date. Incomplete or late forms will not be accepted.**
5. Student must maintain a 2.0 GPA and have no "F" grades.
6. Attach verification of competitions or performances to the Activity Log.

D. Grading and Credit Policy

1. ISPE students will receive a grade of PASS (P) or FAIL (F).
2. Course credit is earned when a grade of PASS is earned at the end of the semester.
3. A passing grade is earned by satisfactorily fulfilling ISPE agreement including submitting complete and accurate ISPE Activity Logs. All paperwork must be submitted on time.
4. Students turning in the Activity Log Form **late** will receive a grade of Fail (F) on their progress report. This grade will not be changed until the final semester grade is recorded. All semester grades are final.
5. The site administrator or designee will review the ISPE agreement for a student who fails to satisfactorily fulfill one or more parts of the ISPE agreement.

SMMUSD Off-Campus HS Independent Study Physical Education Application

Name: _____ ID: _____ Grade: _____

APPLICATION

(To be completed by the applicant and/or the applicant's parent/guardian)

Please print or type all information clearly.

Student Last Name

Student First Name

Student I.D. #

School

Next Year's Grade

Parent/Guardian Name

Home Phone

Work Phone

Home Address

Home City

Zip

Parent Email

PE Grade in Previous Semester

School Year for Application: 20 - 20
School Year

I am requesting less than a 6th period day: am pm

Briefly explain why this proposed ISPE course of study is requested and should be considered as a substitute for regular attendances and participation in the required school physical education program. What is the educational need for ISPE? If appropriate, list electives that will take the place of PE in your schedule (example, immersion, AVID classes)

Please describe how many hours per week of learning an activity are included in the proposed ISPE course of study and how the time will be used? (Minimum of 200 minutes each school week)

Name: _____ ID: _____ Grade: _____

VERIFYING SIGNATURES

Organization/Trained specialist under whom activity is performed:

Shapiro
Instructor Last Name

AYSO Region 20
Organization

P.O. Box 91
Address

rca@ayso20.org
Email Address

Gene
Instructor First Name

Regional Coach Administrator
Title

Santa Monica
City

90406
Zip

n/a
Home Phone

818-242-2990
Work Phone

Student's Responsibility (To be completed by the student)

I understand that it is my responsibility to attend the activity as outlined for a minimum of **200 minutes per 5 days** and meet the standards expected by the instructor. **I understand that I must submit the Attendance and Performance Record and time sheet logs during the last week of every grading period. Additionally, I understand that I must submit all assignments within the specified timelines included in the assignment packet.**

I UNDERSTAND THAT I WILL LOSE ALL HOURS EARNED AND RECEIVE A FAIL/UNSATISFACTORY IF I LEAVE THE PROGRAM FOR ANY REASON WITHOUT IMMEDIATELY NOTIFYING THE INDEPENDENT STUDY COORDINATOR.

Signature of student: _____ Date: _____

Parent's Acknowledgement (To be completed by the parent)

I understand that the SMMUSD does not investigate the site of the activities to assess potential for injury nor is the District responsible for the selection or qualifying or any Instructor/Coach for this program. I accept full responsibility for any injury or harm, which might occur in the ISPE program. I am aware that, if my son/daughter fails to:

- meet the attendance requirements set forth by SMMUSD;
- the standards set by the instructor or coach;
- complete the six curriculum packets assigned by the ISPE teacher; and
- the 200 minutes per 5 school days minimum,

he/she will not meet the semester requirement for P.E. nor receive credit.

Signature of parent: _____ Date: _____

Instructor's Approval (To be completed by the outside activity instructor)

I certify the above-named student attends, participates in, and meets the standards of the activity set by the instructor. I am also accepting the responsibility to submit First Aid and CPR certification, and keep track of the student's ISPE hours in which I personally supervise the activity at a minimum of 200 minutes per 5 school days.

Signature of instructor: _____ Date: 04-12-21

Name: _____ ID: _____ Grade: _____

ISPE INDEMNIFICATION

The ISPE applicant and his/her parent or guardian shall indemnify, defend and hold harmless, to the maximum extent permitted by law, the Santa Monica-Malibu Unified School District and its officers, Board Members, agents, and employees from and against any and all liability, suits, actions, proceeding judgments, claims, losses, costs (including attorney’s fees), liens, damages, injuries (whether in contract or in tort, including personal injury, accidental death or property damage, and regardless of whether the allegations are false, fraudulent or groundless), relating to and arising from the applicant’s participation in any and all ISPE activities contained within this ISPE agreement or any activities engaged in by the applicant in the use of any equipment, transportation or facility related to completion of this agreement. In addition, parent-guardian accepts full responsibility for student transportation to and from any ISPE learning activity and financial liability for any and all criminal acts, accidents, injuries, illnesses or death that could occur as a result of the student’s participation in any ISPE-related physical education/sports learning activities.

I hereby certify that the information provided as a part of this application is true and accurate.

I agree to abide by all ISPE rules and conditions described in this application/agreement.

Parent/Guardian Signature (If student is under the age of 18)

Date

Student Signature

Date

Name: _____ ID: _____ Grade: _____

PRIMARY ISPE INSTRUCTOR/COACH INFORMATION

(To be completed by the outside activity instructor)

Please print or type all information clearly.

Shapiro
Instructor Last Name

Gene
Instructor First Name

AYSO Region 20
Organization

Regional Coach Administrator
Title

P.O. Box 91
Address

Santa Monica
City

90406
Zip

rca@ayso20.org
Email Address

Home Phone
818-242-2990
Work Phone

Answer all the following questions as specifically as possible where applicable.

Describe the training that prepared you to supervise this activity.

USSF E License holder since 2007. AYSO National Advance Coaching License, & Coerver Youth Diploma. AYSO National Coach Administrator Training. USSF certified referee. Have prepared age appropriate training curriculum for youth sports for over ten years.

In what position are you currently employed which qualifies you to supervise this student?

Regional Coach Administrator establishes the coaching and training curriculum for our youth athletes that range from 4 to 18 years of age. Responsible for providing, establishing & coordinating additional training programs for all our registered Athletes such as "Monday Nights Open Training", (MOT), "Skills & Scrimmages," & "Friday Nights Skills Clinics." Oversee all training for AYSO Region 20 with over 1400 hundred youth Athletes.

What is the primary location where the proposed ISPE learning activities will take place?

John Adams Middle School / Lincoln Middle School
Facility Name

Phone

2425 16th Street / 1501 California Ave
Address

Santa Monica
City

90406/90403
Zip

Name: _____ ID: _____ Grade: _____

ISPE LEARNING PLAN

(To be completed by the outside activity instructor)

PLEASE NOTE: the trained specialist/instructors/coaches who submit proof of first aid/CPR certification must be in attendance during student rehearsals and or activities.

Please print or type all information clearly. **Use additional sheets if needed.**

Amount of time/participation planned for this activity each week. Attach a calendar of competitions or performances for the entire academic school year.

ISPE Student Athletes complete a minimum of 200 minutes of training per week. That includes a minimum of two (2)- 1-1/2hr weekly practices with their Team, one (1) 1-1/2hr participation in the Monday Night Open training, (1) 1-1/2hr participation in the Friday nights Skills Clinics, and one (1) 1-hr game on the weekends.

What are the specific objectives for this semester and how do they address the California State Physical Education Standards? Include a Detailed description of activity.

Through the Soccer based curriculum, ISPE Student Athletes will work on general strength and conditioning, agility and speed. All elements of Track & Field. The program will also include Soccer specific exercises, that involve a high intensity participation that will reinforce & develop balance, eye/foot/ball coordination and Community Team building. ISPE Students will learn the rules of the game while improving their fitness, under the supervision of trained and certified soccer instructors.

All ISPE Students are expected to maintained at a high standard of athleticism as well as achieve the proper soccer knowledge. All Student Athletes will be evaluated on a monthly basis and will be advise on best ways for improvements by the Coaching staff.

What is the student's current competitive level/ranking?

As part of their team assignments, all ISPE Students will participate in the Regional play/competition season from August to December. Most students level of play would be considered competitive play, with a general ranking.

In what local, state, regional, or national competition/league has this student previously participated in, and will they participate in this semester/year?

All Students participate in the Region 20, Section 1 Area P of the National Youth Soccer Organization, (AYSO). As part of their team assignments, all ISPE Students will participate in the Regional play/competition season from August to December. The season later continues post December in Inter-Regional competition from January to June. All Students are required to continue and participate in weekly training session for the entire season/year. All competitions will reside within LA County, Ventura County & Orange County sport fields and the local School District Fields.

SMMUSD Off-Campus HS Independent Study Physical Education Application

Name: _____ ID: _____ Grade: _____

SIGNATURE SHEET

To be completed by the student, student’s advisor, and Administrator indicating that each party has a copy of the completed and approved/denied application. It is the responsibility of the student and the student’s advisor to maintain their copy as a record.

“The following signature certifies that I have been provided a copy of my approved/denied SMMUSD Off-Campus ISPE Application Packet.”

Student Printed Name Student Signature Date

Parent Printed Name Parent Signature Date

“The following signature certifies that I have been provided a copy of my student’s approved/denied SMMUSD Off-Campus ISPE Application Packet.”

Counselor Printed Name Counselor Signature Date

“The following signature certifies that I have provided a copy of the above referenced student’s approved/denied SMMUSD Off-Campus ISPE Application Packet to the student and the student’s advisor.”

Administrator Printed Name Administrator Signature Date

Incomplete applications will not be considered for approval. Make sure you have included the following prior to submitting the application:

- Application form and all included paperwork shall be completed and submitted to the site administrator in charge of ISPE.
 Instructor or Coach’s First Aid Certification
 Instructor or Coach’s CPR Certification
- Verifying Signatures from the applicant, the applicant’s parent/guardian, and the applicant’s instructor/coach.
- Learning Plan completed by the instructor/coach and must be aligned to California Physical Education Standards.

SMMUSD Off-Campus HS Independent Study Physical Education Application

Name: _____ ID: _____ Grade: _____

FOR ADMINISTRATIVE USE ONLY

Eligibility Requirements:

Yes No Student is in 9th thru 12th grade.

Yes No Student participates in an individual sport or performs at an advanced level in a physically active performing art.

Yes No Student has a grade point average of C- or higher, including PE. ISPE is not being used to make-up a failing grade in physical education.

_____ Grade in Previous Semester Physical Education.

~~Yes No Student passed minimum 5 of 6 physical fitness standards in previous state Physical Fitness Assessment. (Record P or F for PFT results)~~

~~_____ Aerobic Capacity~~

~~_____ Abdominal Strength~~

~~_____ Upper body Strength~~

~~_____ Body Composition~~

~~_____ Trunk Extensor Strength and Flexibility~~

~~_____ Flexibility~~

Yes No Student is a member of team for a sport not offered at school; the team practices and competes on schedule comparable to a high school sport in season. ISPE programs comprised of a sport offered at school may not be approved.

Notes: _____

Yes No Student has a necessary educational need for ISPE. Requesting a second elective meets this criterion (TA elective does not fulfill an educational need).

Notes: _____

Yes No ISPE Program is a full year program, Semester 1 and Semester 2

ISPE Program:

Yes No Proposed ISPE program engages student for a minimum of 200 minutes for each 5 school days.

Yes No Proposed ISPE program engages student in physical activity, supports personal growth, and promotes healthy living and physical fitness as lifelong goals.

Yes No Proposed ISPE program is a structured program taught by an individual responsible for supervising, documenting, and verifying student participation, progress, and performance. Parents will NOT be approved as a supervising instructor/coach for his or her child.

Approval:

Yes No **Student is approved for ISPE.**

If denied, state reason: _____

Administrator/Designee's Signature: _____ **Date:** _____